

Updated April 25, 2021

CoDA Phone Meeting Name	Day of Week	Time	Dial-in Phone Number
Healthy Boundaries	Sunday	7am PT	712.775.7465 Access code: 256636#
In this moment, Daily Meditation Book Group	Sunday	10am PT	712.770.4160 Access code: 573762#
Sunday Step Study	Sunday	12:30pm PT	712.770.4160 Access code: 475271#
Women of Color in Recovery	Sunday	1:00pm PT	712.432.8808 Access code: 2221212#
Safe on Sunday	Sunday	5pm PT	712.432.8808 Access code: 2221212#
M-F CoDA Literature Phone Meeting	Monday	6:30am PT	712.770.5012 Access code: 474035#
Healthy Boundaries	Monday	7am PT	712.775.7465 Access code: 256636#
11th Step Guidance	Monday	8am PT	605.313.5111 Access code: 756431#
In this moment, Daily Meditation Book Group	Monday	10am PT	712.770.4160 Access code: 573762#
Monday Step Study With Traditions And Concepts	Monday	12-noon PT	605.475.4350 Access code: 317531#
COOS Co-Dependents Anonymous	Monday	12-noon PT	978.990.5068 Access code: 684946#
Parenting with Serenity	Monday	2:30pm PT	712.770.4160 Access code: 475271#
Steps 1-4 for Newcomers	Monday	4pm PT	563.999.2377 Access code: 211022#
Monday Night Boonton (2 times per month)	Monday	4pm PT	978.990.5000 Access code 727133#
M-F CoDA Literature Phone Meeting	Tuesday	6:30am PT	712.770.5012 Access code: 474035#
In this moment, Daily Meditation Book Group	Tuesday	10am PT	712.770.4160 Access code: 573762#
Courage to Change	Tuesday	5pm PT	712.432.8808 Access code: 2221212#
Weekly Topic Meeting	Tuesday	7pm PT	712.432.3900 Access code: 513114#
7:30am ET CoDA Patterns and characteristics	Wednesday	4:30am PT	605.468.8874 Access code: 373697#
M-F CoDA Literature Phone Meeting	Wednesday	6:30am PT	712.770.5012 Access code: 474035#
In this moment, Daily Meditation Book Group	Wednesday	10am PT	712.770.4160 Access code: 573762#
Experience, Strength, and Hope	Wednesday	7pm PT	712.432.8808 Access code: 2221212#
Stepping Stones to Recovery	Thursday	3:30am PT	646.876.9923 Meeting ID:6139131818 Access code 0867786565#
M-F CoDA Literature Phone Meeting	Thursday	6:30am PT	712.770.5012 Access code: 474035#
Healthy Boundaries	Thursday	7am PT	712.775.7465 Access code: 256636#
In this moment, Daily Meditation Book Group	Thursday	10am PT	712.770.4160 Access code: 573762#
Happy Joyous and Free	Thursday	11am PT	425.436.6336 Access code: 545552#

Thursday Night Spiritual Step Study	Thursday	4pm PT	425.436.6364 Access code: 737413#
Experience, Strength, and Hope	Thursday	6pm PT	712.432.8808 Access code: 2221212#
CoDA 12-Step Meeting	Thursday	8pm PT	712.432.8808 Access code: 2221212#
M-F CoDA Literature Phone Meeting	Friday	6:30am PT	712.770.5012 Access code: 474035#
Healthy Boundaries	Friday	7am PT	712.775.7465 Access code: 256636#
11th Step Guidance	Friday	8am PT	605.313.5111 Access code: 756431#
In this moment, Daily Meditation Book Group	Friday	10am PT	712.770.4160 Access Code: 573762#
The First 14-days Workbook	Friday	4:15pm PT	712.770.4160 Access code 475271#
Come as You Are	Friday	6pm PT	712.432.8808 Access code: 2221212#
Healthy Boundaries	Saturday	7am PT	712.775.7465 Access code: 256636#
Saturday Morning check-in/checkup Open Discussion	Saturday	7:30am PT	712.770.4160 Access Code: 475271#
In this moment, Daily Meditation Book Group	Saturday	10am PT	712.770.4160 Access Code: 573762#
CoDA Telephone	Saturday	11:30am PT	712.770.4160 Access code: 475271#
Women's CoDA	Saturday	2:00pm PT	978.990.5450 Access code: 2875940#
The First 14-days Workbook (Men Only)	Saturday	4:15pm PT	712.770.4160 Access code 475271#
Spanish Meetings			
Nuestro Refugio (Our Shelter)	Sunday	5:00pm PT	Phone: 408.418.5050 Access Code: 69063#
Vuelvo a Sonreír (I Smile Again)	Monday	5:00pm PT	Phone: 408.418.5050 Access Code: 69063#
Rescate Emocional (Emotional Rescue)	Monday	7:00pm PT	Phone: 650.241.6780 Access Code 19150541#
Reencontrarme (Rediscover Me)	Tuesday	5:00pm PT	Phone: 917.444.9550 Access Code: 63142#
Vuelvo a Sonreír (I Smile Again)	Wednesday	5:00pm PT	Phone: 408.418.5050 Access Code: 69063#
Vuelvo a Sonreír (I Smile Again)	Friday	5:00pm PT	Phone: 408.418.5050 Access Code: 69063#
Espanol CoDA Reunion	Saturday	4:00pm PT	Phone: 712.432.6100 Access Code: 29862596#
Reencontrarme (Rediscover Me)	Saturday	5:30pm PT	Phone: 917.444.9550 Access Code: 63142#